

Script for Emailing:

Example

Hello, my name is [Insert your name]. I'm a constituent from [insert your state], zip code [insert your zip code]. I am writing to ask [insert your representative's name] to support Mental Health Programs for Student Athletes. This is important to me because the rate of suicides among student athletes – particularly women – has grown at an unprecedented rate.

- A NCAA survey found that 30 percent of student athletes reported feeling seriously overwhelmed in the previous month, and nearly 25 percent felt mentally exhausted.
- The NCAA also found that less than half of men's and women's sports participants felt comfortable seeking mental health support from professionals on campus.

Please support the TEAMS Act.

Thank you for your hard work